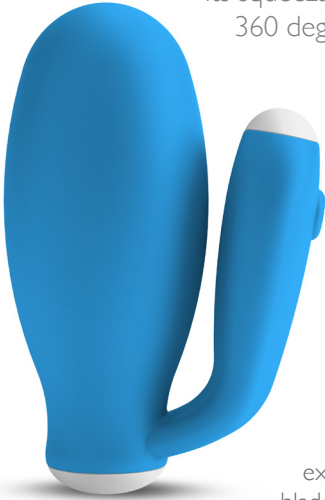


# kGOAL

PELVIC FLOOR EXERCISES

**kGoal is a new and revolutionary interactive training system (device+app) designed to motivate and guide women as they measure and track their pelvic floor muscle exercises.**



Its squeezable air pillow leverages 360 degree sensing technology that triggers real-time biofeedback to help users feel and see their progress.

It's like having a gym, physical therapist, and tracking system in the palm of your hand.

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More than 75% of women experience incidents of poor bladder control during their life

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Free app available for download in the iTunes Store and on Google Play\*



## Sexual Health and Bladder Control

kGoal improves the **awareness and strength** of the pelvic floor muscles and can help restore vaginal and pelvic muscle tone.

**Poor bladder control** is often a result of childbirth and hormonal changes, but can be better improved with effective pelvic floor muscle training.

### Key Device Features



**Biofeedback** kGoal offers unique 360 degree sensing technology providing tactile biofeedback



**Performance tracking** kGoal measures and tracks muscle strength, endurance, and encourages compliance as users view their progress over time



**Customized workout routines** created by our team of experts, enabling user specific exercises



**Comfort** kGoal's squeezable and adjustable pillow allows users to tailor fit to their anatomy



kGoal is made with 100% body safe materials including Class VI medical grade silicone



kGoal is compatible with Apple and Android devices with Bluetooth 4.0 capability. \*It requires **iOS v8** or **Android v4.3** or higher. See our website for more information.



Where can I purchase **kGoal**?  
Contact Starnberg Medical Pty Ltd

**1 300 737 972**

or locate a **kGoal** stockist on

**[www.kgoal.com.au](http://www.kgoal.com.au)**